

Managing Anger 2011
Anticipated Schedule

September		October		November		December		January	
13	Orientation	04	No Class	01	Chap 4	06	Chap 7	03	Chap 10
20	No Class	11	No Class	08	Chap 5	13	Chap 8	10	No Class
27	Chap 1	18	Chap 2	15	No Class	20	Chap 9	17	Chap 11
		25	Chap 3	22	Chap 6	27	No Class	24	Chap 12
				29	No Class			31	Chap 13

Class Format:

- Group meetings are on: **Tuesday Evenings, 7:30p - 9:00p** in the **Room 200**.
- * The textbook used is: *The Anger Workbook* by Carter & Minirth. ISBN-13 #9780840745743.
- This is a Discussion Group. Each week, we read the assignment and answer the questions in writing *in advance* in order to participate. We then discuss our answers during class.
- This is a 13-week, repeating class. Except for Chapters 1 & 2, each week's lesson is independent of the other classes (i.e. if you miss a week, you will not be behind.)

Class Guidelines:

- 1) **Matters discussed in this group remain within the group and are not discussed with others outside of class.**
- 2) If you cannot attend or will be significantly late, please notify class leader.
- 3) Please read the assigned chapter and answer questions in writing *before* class if you wish to participate.
- 4) If you are new to the class, please read Chapters 1 & 2 (without questions) and the current week's assignment *before* class.

Class Leader: _____ Email: _____ Phone: _____

Updates to this schedule will be posted on the *moMENTum* page of the FBC website. www.fellowshipbible.org If you have not attended in a while, please check website or call class leader to find current week's assignment.

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